

■ Patients

[About Us](#)
[Physician Finder](#)
[Procedures](#)
[Online Magazine](#)
[Contact Us](#)
[Weekly Survey](#)
[Humanitarian Programs](#)
[Education & Meetings](#)

Can Money Buy You Happiness?

Many people believe that the more money we make, the happier we will be. This is not true, however, when it comes to looks. In a recent study¹, race, not money, was the major factor in how confident a person felt about their looks. Seventy-eight percent of the 1,000 men and women surveyed said they thought they looked average or below average. Only 20 percent said they looked above average. And, people with a household income below \$50,000 were just as happy—or unhappy—with their looks as those with an income higher than \$50,000.

Although money does not affect self-esteem, strong cultural ties and a positive racial identity do. Across the board, minorities are more self-confident than Caucasians, with 29 percent describing their appearance as above average. Meanwhile, only 18 percent of Caucasians see themselves in the same positive light. Approximately 40 percent of all American women are happy with their looks. When the study looked at minority women, nearly six in 10 (57 percent) said they are happy with their looks.

Regardless of self-esteem or income, Americans have an ever increasing interest in the benefits offered by cosmetic surgery. Three out of four Americans (75 percent) believe that cosmetic surgery offers at least one benefit, ranging from looking younger to looking more attractive.

Despite the trends in plastic surgery reality television, Americans subscribe to the theory that a little goes a long way, and if offered a free cosmetic procedure, respondents would elect to change at least one feature about their face. Thirteen percent of Americans who would accept the offer of free cosmetic surgery would change everything about their face.



Whether you are looking for refinement, reconstruction, or rejuvenation, it is important to be informed. Ask yourself how much the status quo bothers you. Learn as much as possible about your options by researching the procedure, getting input from friends, and talking to previous patients. Schedule a consultation appointment to talk about your facial features; find out your options to help make you happier, more confident, and more satisfied with your appearance!

[FPS Today](#)

[Can Money Buy You Happiness?](#)

[Refinement and Restructuring of Your Nose: Knowing Options and Answers](#)

[Ask the Surgeon / Health Tip / What's New](#)

[Do your homework, be prepared... all for the right reasons](#)